Fitness & Sports

Sports line

Golf tournament: The Top 3 Association is hosting a golf tournament today, 9 a.m., at Wrenwoods Golf Course. Registration for the captain's choice tournament begins at 7 a.m. Proceeds from the \$15 entry fee will go toward the junior enlisted block party. Green and cart fees also apply. Prizes will be awarded to first- through third-place teams. For more information, call Master Sgt. William Schroeder at 963-4196 or Master Sgt. Kevin Newcomb at 963-4239.

Golf tournament: The Wrenwoods Women's Golf Association is hosting it's first-ever golf tournament May 23-24 at Wrenwoods Golf Course. Tee times start at 9 a.m. Prizes will be awarded for low gross and firstsecond- and third-low net. The \$15 entry fee includes prizes and the annual awards lunch May 24. To be eligible, entrants must have an established handicap and be a member of the WWGA. Entrants must sign up by Wednesday at the Wrenwoods Pro Shop, or by calling 963-4177. For more information, call Cindy Mackey at 767-4329 or Barbara Karns at 873-0549.

Golf tournament: The First Six Association is holding it's Inaugural Golf Tournament May 25, 8:30 a.m., at Wrenwoods Golf Course. Check in for the captain's choice tournament begins at 7:45 a.m. The \$20 entry fee includes range balls, lunch and beverages. Green and cart fees also apply. Prizes will be awarded to the top three teams and for longest drive and closest to the pin. For more information, call Tech. Sgt. Lisa Barkman at 963-4508 or Staff Sgt. H. P. Bourdeaux at 963-5495

HAWC News: The HAWC is offering classes on Nutrition for Sports Performance Monday, noon, in the fitness center classroom and Weight Training for Golf, May 23, 4:30 p.m., in the fitness center classroom at the Sports and Fitness Center. These classes are open to the entire Charleston AFB community. The center is also offering free cholesterol and blood pressure screenings Wednesday, 10:30 a.m.-1 p.m., in front of the Base Exchange. For more information, call the HAWC at 963-4007.

No restriction: Individuals on the Monitored Fitness Improvement Program are now allowed to utilize the base fitness center for exercising and will no longer be restricted to exercising at the Health and Wellness Center. For questions or comments, call the HAWC at 963-4007.

Hoop Dreams come true for three CAFB Youth

By Brian Rish 437 SVS Marketing

Playing in the pros is a dream many young athletes share. Recently, three members of the Youth Center's Basketball Program came one step closer to realizing their dreams when the Amateur Athletic Union of the United States recruited them to play on the newlyformed, Charleston-based, South Carolina Stars Team.

"We were just playing a regular game at the Youth Center," said R.J. Cornelio, one of the AAU's new recruits, "and when it was over, they came by and asked a few of us to try out for the team."

What followed was a whirlwind tour of tryouts, practices, traveling and games that landed Cornelio, Leroy Summers, A.J. Vasvari-Toke and nine other youth from Charleston-area schools in the AAU State Championship Game. All of this happened in a few weeks from the time they were selected for the team.

"The guys we played in the Championship Tournament were huge," recalled Vasvari-Toke. "Most were easily six-feet tall, and some were bigger. We just played like we did in practice, and we made it all the way to the finals."

Vasvari-Toke's dad, Tech. Sgt. George Vasvari-Toke, 437th Maintenance Squadron, was also impressed by the size of the Stars' competitors.

"I would like to know what their parents were feeding them, because I'm tall, and I had to look up to some of them," said Tech. Sgt. Vasvari-Toke. "Our team really sweated it out, though, and showed everyone how tough they really are."

Making it to the finals earned the Stars a slot in the AAU National Tournament. The tournament will include teams from all over the country, including a team from Greenville, S.C., that managed to beat the Stars at the State Champi-

onships.

"I can't believe how hard our guys worked," commented Maj. Ricky Cornelio, R.J.'s father, and commander of the 437th Aircraft Generation Squadron. "Most of the teams in the tournament had been together for three years, not weeks, but our guys made it to the finals with big baskets and big defense. I think they have a great chance at nationals."

The AAU National Tournament will take place in Virginia Beach, Va., July 13-22. For now though, it's back to the practice grind for the South Carolina Stars, who practice for 90 minutes, three times a week, at the Danny Jones Recreation Building.

"We work really hard at practice," said Leroy Summers, "but it's not too bad because we're working with great players."

As part of their preparation for the National Tournament, the Stars have held several fundraisers, and will be holding a few more before their July 13 takeoff date. The fundraisers are to help offset the expense of taking the entire team to Virginia Beach. For more information, please contact the Stars' Head Coach, Larry Canady, at 553-3657.

"This whole process has been about as exciting for the parents as it has been for the kids," said Leroy Summers Sr., AAFES Operations Manager. "It's great to watch your children get to do something like this."

The AAU is a nation-wide amateur sports program. Their mission is to offer amateur sports programs through a volunteer-based network of national and local sporting events for all people to have the physical, mental and moral development of amateur athletes, and to promote good sportsmanship and good citizenship. For more information on the AAU visit http://



Courtesy phot

After three weeks of playing together, the South Carolina Stars placed second at the Amatuer Athletic Union of the United States State Championships. The placing earned them a position in the AAU National Tournament, July 13-22. Charleston AFB players are (front row, second from left) A.J. Vasvari-Toke, (front row, fourth from left) R.J. Cornello, and (back row, second from left) Leroy Summers.

Charleston AFB to hold Air Expo 2001 5K Run/Fitness Walk Saturday

The annual race on the runway at Charleston AFB will take place Saturday, 8:30 a.m.

The event is open to the public and there will be over \$4,000 in cash and prizes awarded.

Last year 277 people participated in the event. The first person to cross the finish line was Ben Vaughn of Charleston with a time of 17:10, averaging 5:32 a mile. The first woman to finish was Shawn Baldy, with a time of 20:10, averaging 6:29 a mile.

This year, the 437th Services Squadron marketing office expects around 400 participants.

Late registration is \$15 for the run and \$12 for the walk. T-shirts will be available while supplies last. Packet pickup is at the Fitness and Sports Center today. Late registration will be the day of the race 7-8 a.m.

The course is a USA Track and Field certified race. Mile markers with split timers will be located at each mile point.

Children and strollers are welcome for walkers, but no pets will be allowed. Results will be available at www.437Services.com or www.geocities.com/actioncarolina.

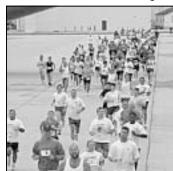


Photo by Laura Abeli

The 2000 Air Expo 5K Run/Walk had 277 participants.